

Silence isn't always golden

Domestic abuse has no respect for age, sex or sexuality - it loves to go unreported.

**DON'T BE AFRAID
TO SPEAK OUT.**

If you, or someone you know is in a relationship that doesn't feel quite right...speak to someone about it. You can get help and advice at:

openthedoorcheshire.org.uk



Cheshire West
and Chester

Telephone: **0300 123 7047 - option 2**



...and start a conversation on Domestic Abuse